



Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

Palmyra to Newark

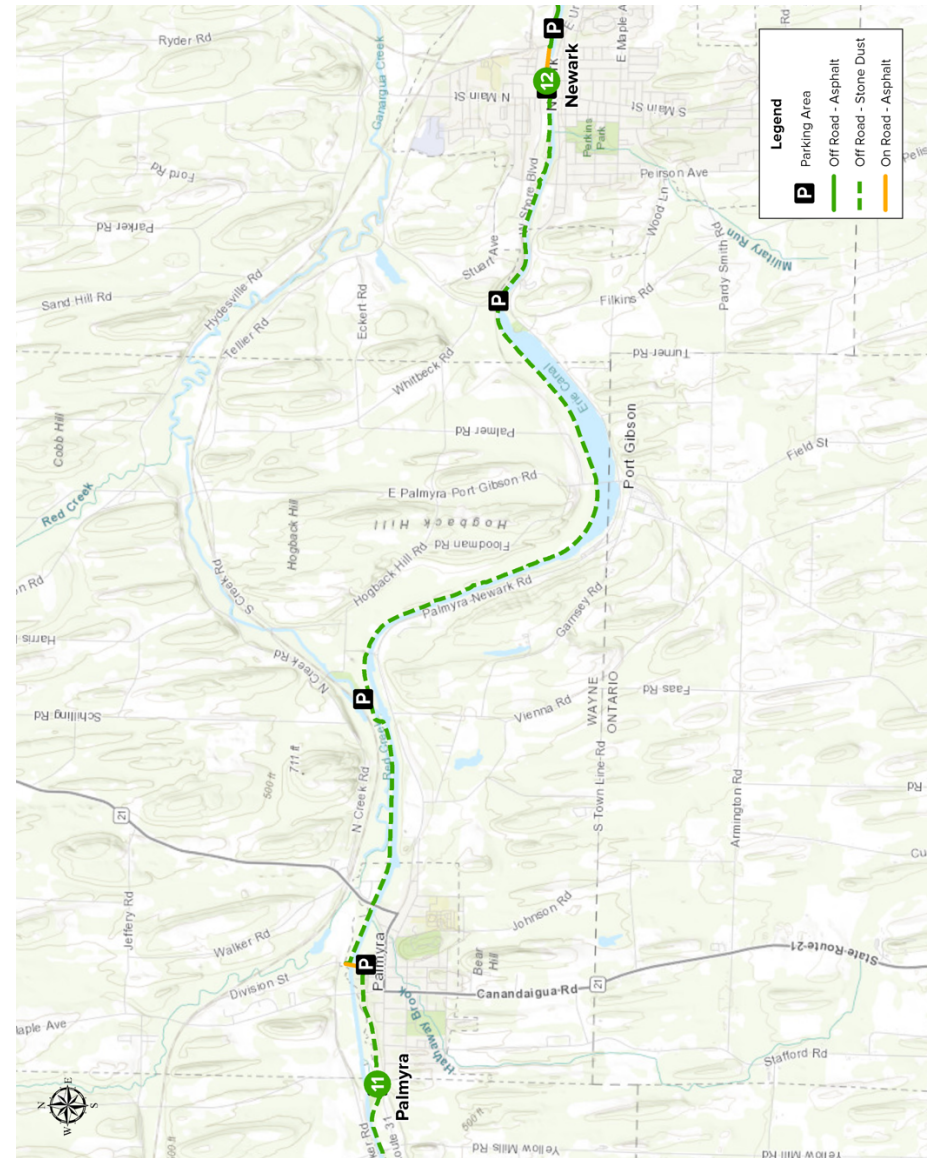
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

Start 11 **Palmyra**

Turn	Notes	Distance
↗	Head east on Erie Canal Heritage Trail	0.928 mi
←	Turn left onto Division St	794 ft
→	Turn right onto Erie Canal Heritage Trail	8.5 mi

End 12 **Newark**

Eastbound along Erie Canal Trail



Disclaimer: Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.